**SICG Wolf Pack**

**Incentive Record**

Complete the following form to claim your incentive rewards and return to Mr Nicholls.

**Name**: \_\_\_\_\_\_\_\_\_\_\_ **Homeroom**:\_\_\_\_\_\_\_\_\_\_\_\_ **Date**:\_\_\_\_\_\_\_\_\_\_\_

**Rewards**

Cumulative points in a single year will make the team member eligible for the following incentives:

50 points - Team singlet
125 points - Wolves Beanie
200 points - Sports bag
250 points - Pair of runners

**Point Record:**

Add your tally to each of the relevant boxes below and calculate your total.

 **Event Points Tally**

GISSA Cross County Representation - 20 points

SICG House Cross Country Top Ten - 10 points

SICG House Cross Country Top three - 15 points

Tuesday or Thursday training - 5 points (week max)

Park run (any) - 5 points

Run4Geelong - 10 points

Complete 5km training program - 10 points

Complete 10km training program\* - 20 points

City2Surf (or Melbourne Marathon 5-10km) - 20 points

Other Cross Country or fun run event - 5 points Number of sessions \_\_\_\_\_\_

Total points \_\_\_\_\_\_

**Total**

\* (Y10-12 only)